



# Coshocton Behavioral Health Choices

*A Year of Impact. A Future to Build.*

Fiscal Year 2025 Report & Vision

# Recovery is a Relationship.

At CBHC, we believe recovery is not a single service, it is a **relationship, a process, and a promise.** Clients come to us during their most difficult moments of their lives. What they find is not a sterile agency, but a place that feels **safe, welcoming, and human.**

*“Like having an aunt or uncle talk to you, but with expert advice.”*



# The One-Stop Model: Coordinated Care Under One Roof

Our model is designed to reduce barriers and coordinate care seamlessly. This structure leads to better engagement, better outcomes, and stronger follow-through for the individuals and families we serve.

- Children and parents can attend appointments at the same time.
- Counseling and medication management are coordinated in single visits.
- Flexible morning and evening appointments are available.
- Transportation support removes a critical barrier to access.



# Our Promise, Proven by Results

81%

Of Intensive Outpatient (IOP) clients demonstrated a positive recovery trend in FY25.

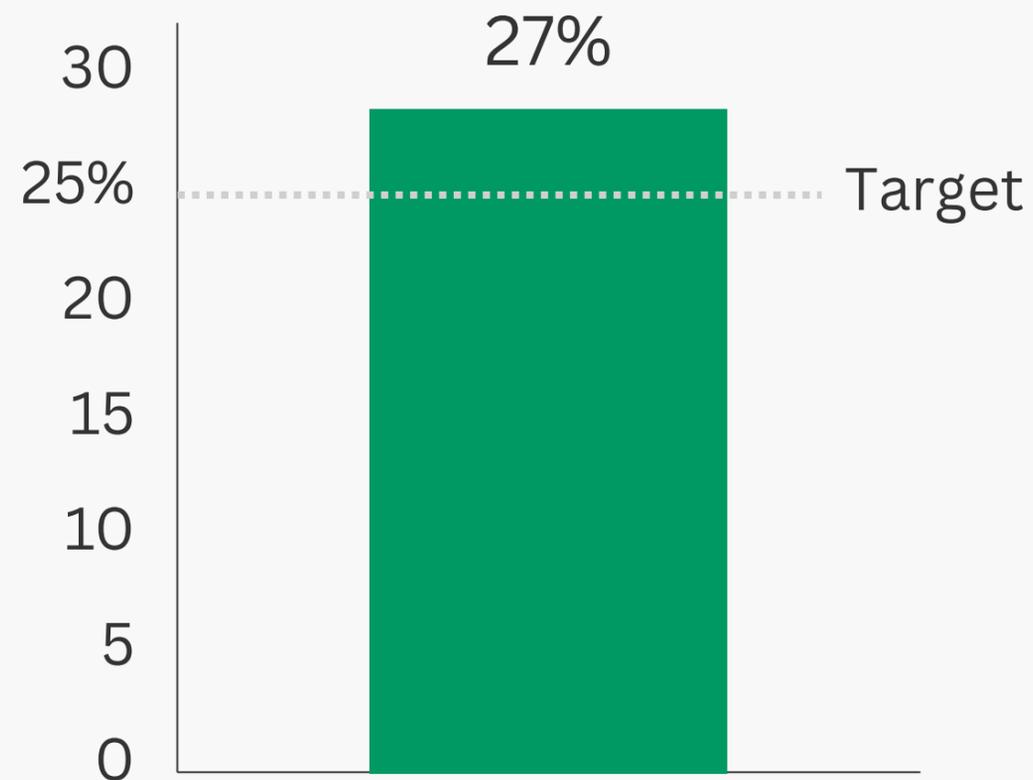
93% of IOP clients reported they are "getting better."

98% would recommend CBHC services.

# Measurable Improvements in Mental Health

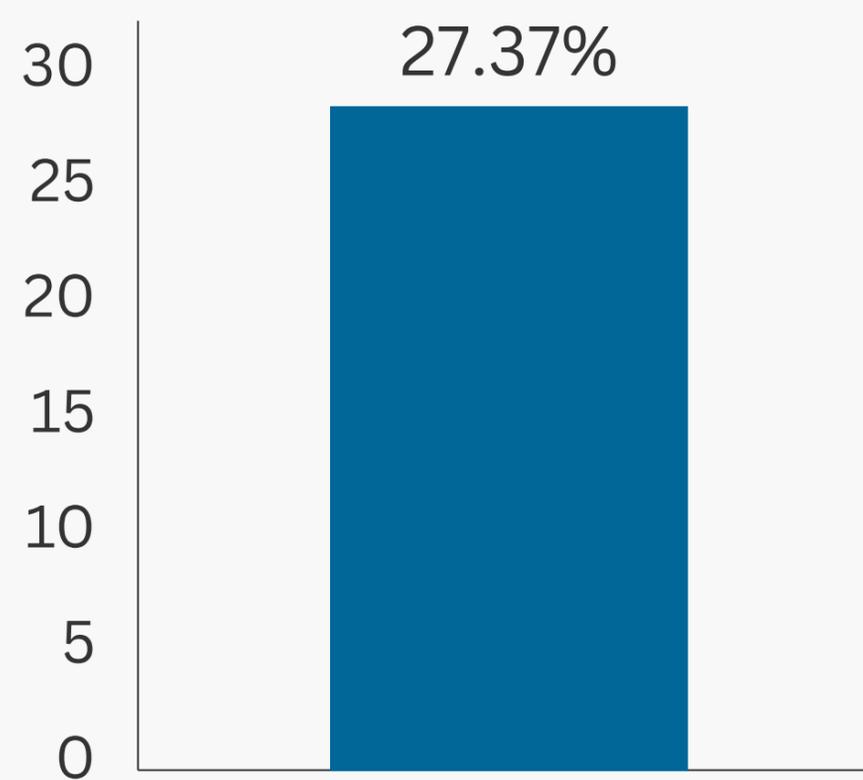
We use validated tools to track client progress and ensure our services are effective. In FY25, we exceeded our clinical targets across key areas.

### Anxiety (GAD-7)



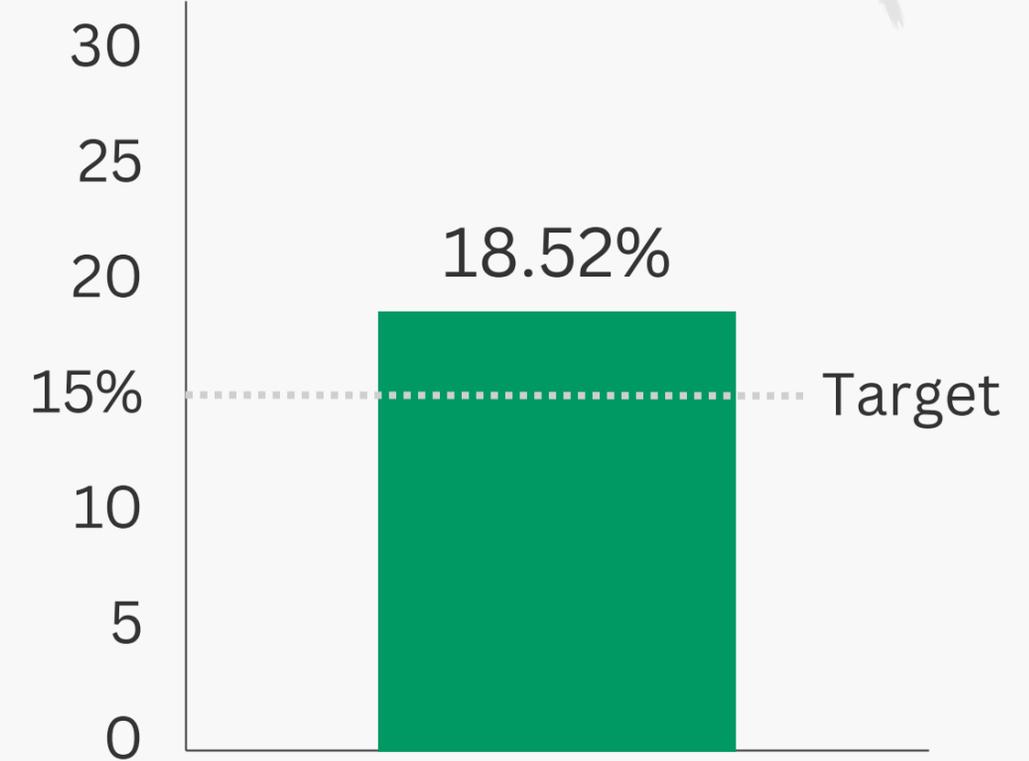
27% average symptom reduction

### Depression (PHQ-9)



27.37% average reduction

### Trauma (PCL-5)



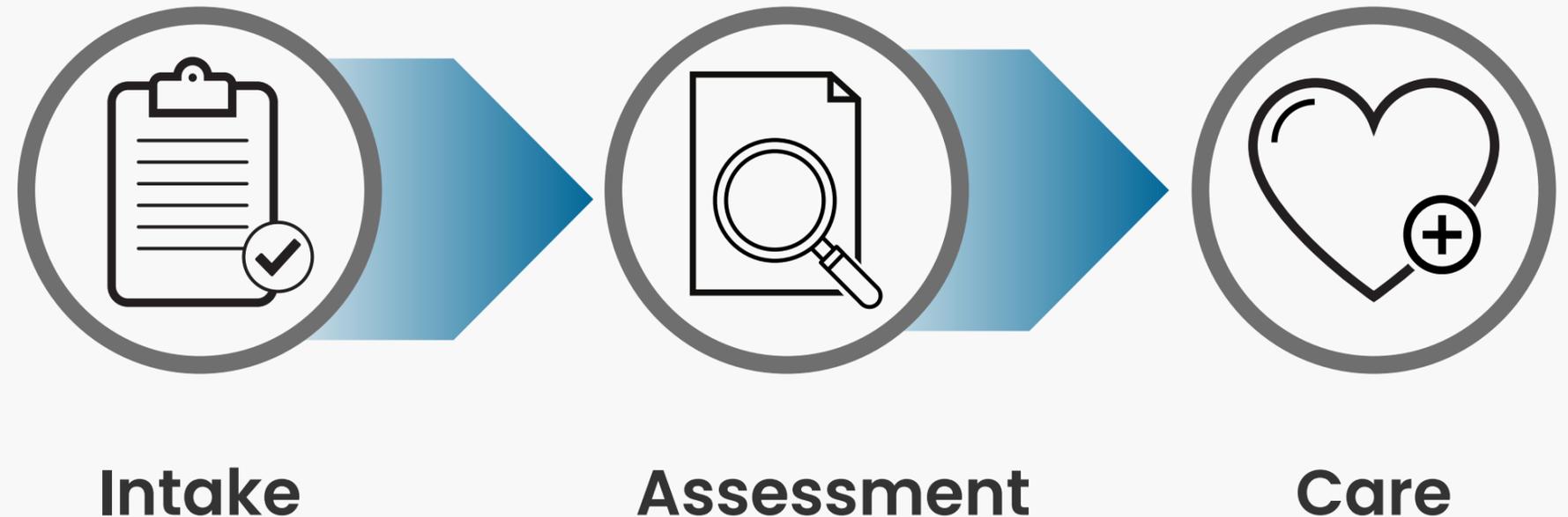
18.52% average reduction

# Access When It Matters Most

# 100%

Of clients received a full diagnostic assessment and were linked to an appropriate level of care.

Our on-site clinic provides medication management **without the long waitlists** that are common elsewhere, ensuring timely and integrated treatment.





# A Trusted Partner for Children & Families

40%

Nearly 40% of all clients served in FY25 were under the age of 18.

Completed **57** autism and cognitive screenings, far exceeding our target of 35.

Specialized services delivered by experienced staff include PCIT and CPP.

*“Several assessments have said they were told this is the best place to bring my child.”*

# Strengthening the Community Fabric

We work upstream to build resilience and foster a healthier community through prevention, education, and strong local partnerships.



# Our People are Our Greatest Strength

## Investing in a Sustainable Workforce

In a challenging rural healthcare landscape, we are committed to growing our own workforce through supervision, credentialing, and professional development.

## Workforce Development

- 2 staff working toward LSW licensure
- 2 staff obtained OPSCA certification in FY25
- 3 additional staff in progress toward prevention certification

**Partnership Highlight:** We are a preferred provider for **Nationwide Children's Hospital** through the Partners for Kids program, with provider credentialing actively growing.



# The Place Where Hope is Rebuilt is At Risk

For decades, our historic building has been a trusted sanctuary for thousands. Today, the physical foundation of our work is in urgent need of preservation to ensure we can continue to provide safe, accessible care.



Constructed  
in 1906



Owned by CBHC  
since the 1990s



The cornerstone of  
our one-stop model

# Preserving our Home, Protecting Our Mission

Ask: A **\$1.85 Million** renovation project to preserve our facility for the next generation.

This campaign is not about expansion for its own sake. It is a strategic investment to protect the continuity of care and ensure our building is safe, accessible, and compliant for the community we serve.



Roof replacement & exterior brick repair



Upgrades to plumbing, electrical, and HVAC systems



ADA-compliant restroom renovations



*“Lives have been changed, and hope is all around us... From the receptionists, intake staff, medical and therapeutic personnel- you have formed such an amazing, cohesive team of effective professional care. Please don't ever doubt how vital and needed you are to this community.”*

-Shared with permission from a community partner



At CBHC, recovery is not transactional—it is relational.  
With the support of funders, partners, and our community,  
we will continue helping individuals and families  
rebuild their wings.

**Thank you for being part of this work**

**[www.coshoctonbhc.org](http://www.coshoctonbhc.org)**